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Truly all -in-one blood glucose monitor



If you have diabetes and a busy life, it's not always easy to monitor your glucose levels as often as you should. Mendor Discreet is the first integrated monitoring device to contain metre, lancing device and a cartridge of 25 strips in one unit. Looking just like a 'smartphone', it can be used anywhere, at any time, in just 20 seconds.

For more information, visit www.mendordiscreet.co.uk.

Yourwellness verdict: *Ideal if you are on-the-go or work in an open-plan office with no privacy. The unit is free from your Diabetes Specialist Nurse or via the website (replacement strips available on prescription).*

