

Discreet test for diabetics

A "SMART" gadget that enables diabetics to check glucose levels quickly and discreetly has been launched.

Designed to look like a smartphone, the Mendor Discreet is an all-in-one device that can be used in seconds, does not need any complicated equipment, has no visible needles and can be carried in a back pocket.

Type one diabetics need to monitor their blood glucose several times a day to keep their levels within a target range. Failure to do so could lead to problems such as heart failure and blindness.

The Mendor Discreet has been designed for patients who find it difficult to monitor their blood levels as often as they should, such as workers in large open plan offices with no privacy.

The gadget contains an integrated meter, lancing device and cartridge that holds 25 strips at a time.

The Mendor Discreet is available free from diabetes specialist nurses or by visiting mendor-discreet.co.uk. Replacement strips are available on prescription.